



"...whoever refreshes others will be refreshed." PROVERBS 11:25B

A Time to Refresh & Reset!

At I Care Outreach, we often feel like we have a front row seat to witness the impact of destructive life practices on the community around us. But we also have a clear view of what God is doing to transform lives through this ministry – and this refreshes our souls! We pray that you too will be refreshed spiritually as we share these highlights:

- This spring we launched a new curriculum called **Life Practices**. Twenty-one participants in Bridgeport and New Haven graduated from the curriculum's inaugural class – **Life Boundaries** – in June.
- We also launched a revised **Work Life** class in June. Each participant builds a portfolio, which includes a strengths assessment, a resume, a one-to-three-year career plan and more. I Care Outreach was part of a national team that made the class more strategic for those preparing to enter the job market.
- **Trauma Informed Mind & Soul Care**, our second **Life Practices** class, debuts this fall. Each participant in this interactive class maps their life journey line to help reflect on formative experiences, identify obstacles, and learn skills to overcome them.
- We're exploring collaborating with another non-profit organization to provide practical life skills training for women in a reentry housing community.
- **You're invited** – I Care Outreach will host "Identity and Destiny Workshop" on Wednesdays, July 19–August 23 from 6:00–8:30 p.m., which will focus on identity in Christ and God's kingdom purposes. Facilitated by Recover All Ministry, cost is \$150/person, \$270/married couple. We have posted information on our website.



"Boundaries have given me the ability to say no to what is not good for me without feeling sorry about my response."

ISIAH C.,
LIFE BOUNDARIES
GRADUATE

"The class taught me to live by God's standards and not to take advantage of people."

RICHARD C.,
LIFE BOUNDARIES
GRADUATE

"The training taught me to keep God in the center of my boundaries and be sensitive to others' boundaries."

CLIFF K.,
LIFE BOUNDARIES
GRADUATE



"Do not allow this world to mold you in its own image. Instead, be transformed from the inside out by renewing your mind."

ROMANS 12:2A (THE VOICE TRANSLATION)

Dear Ministry Friend,

Day after day, we see what can happen when individuals are "molded" by the world. They often suffer, as do their families and communities. We have also learned that the process of restoring lives comes from the inside out.

As Romans 12:2 says, God is the Transformer, but He also asks us to "guard our hearts," to be intentional about aligning our hearts with His. (Proverbs 4:23) All of our classes are designed to help participants adopt heart-guarding life practices that encourage them to draw close to Jesus, recognize His authority over their lives and put their trust in Him. When they begin to do that, God brings about the most amazing life transformation – from the inside out.

Thank you for your vital role in this life-changing process. Your prayers and financial support make it possible to sustain and expand our efforts to bring transformation to people in need in southern and western Connecticut.

May the Lord bless and refresh you greatly this summer,

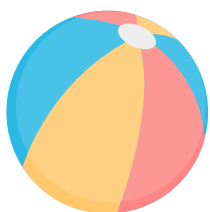
Pastor Robert M. Turner

President and Educator



LIFE-GIVING OPPORTUNITY!

We're seeking business owners and entrepreneurs to help with mock interviews and other job readiness training and/or employment opportunities. Contact Pastor Rob at rturner@icareoutreach.net or (203) 895-4492.



WOULD YOU PRAYERFULLY CONSIDER A ONE-TIME OR MONTHLY GIFT TO SUPPORT I CARE OUTREACH?

TO GIVE, MAIL YOUR TAX-DEDUCTIBLE GIFT TO:

I CARE OUTREACH, P.O. BOX 5188, BRIDGEPORT, CT 06610
OR USE YOUR CREDIT CARD TO MAKE A SECURE ONLINE GIFT
ON OUR WEBSITE: ICAREOUTREACH.NET/DONATE

